

Prayer - Listening for God -

Meets weekly, Tuesdays at 9:30am-10:30am in the Fairview Chapel.

An opportunity for Christian Spiritual practice on Tuesday mornings each week. Spiritual practice is essentially opening ourselves to God's small still voice through prayer. We will move to the Examen (The Daily Examen is a technique of prayerful reflection on the events of the day in order to detect God's presence and discern his direction for us. It is an ancient practice in the Church that can help us see God's hand at work in our whole experience.), Guided meditation, Centering Prayer, Journaling, Writing a spiritual autobiography, and much more. This group loves Jesus and welcomes all people, both seasoned and new.

We use scripture to become more aware of that voice inside us. We learn to listen for that voice and find the goodness God is trying to share with us, the healing that God is trying to bring to us and the hope He is trying to gift to us. Come and join us in the Chapel.